



## 2013 Annual Report

*Breathing in and breathing out are both acts of giving. When we touch the aspiration of giving, then giving is alive everywhere. — Eileen Kiera*

### 2013 Gratitude For the Year

Mountain Lamp welcomed the new year with twenty-four hours of chanting for peace with spiritual practitioners from around the Pacific Northwest. This event began a year of rich and deep practice in community. We offered seventy days of retreat in 2013 as well as regular Days of Mindfulness. A deep bow in gratitude to all who joined us in practice, including over thirty new faces. We hosted our first Wake Up Retreat for young adults and an intergenerational Day of Mindfulness which were peer-facilitated by Maria Rodriguez, Brian Kimmel and David Viafora with support and teachings by Eileen Kiera. We are grateful to for the Thich Nhat Hahn Foundation's generous support for scholarships for this event.

Many thanks to Tracey Pickup for her two and a half years of service to the

community and her continuing practice, support and love. She passed on her role to our new Temple Keeper, Vanna Waldron. We are also grateful to our dear friends Carlos Abusaid Elias and Lupita Pedroza Martinez for their continued service and deep practice.

In terms of infrastructure and organizational development it was a busy year. In February, we held a visioning meeting, attended by 15 friends who generated new ideas and dreams to help shape the growth of Mountain Lamp over the next three-hundred years. Carlos put the finishing touches on the new database system. The road leading to the back of the house was renewed to ease loading and unloading for guests. We also continued to define and clarify the roles of our temple keepers. The Store is now carrying Mountain Lamp cards and new books including : [The Hidden Lamp](#), a work by contemporary women teachers, including Eileen Kiera.

Thank you to our two outgoing board members: to Sue Perkins for her time and solidity as treasurer on the Mountain Lamp Board and to Kathryn Hunt for her contributions to organizational development from bunk-bed purchases to the implementation of regular temple keeper interviews. Welcome to Dale Forrest, who joined the Mountain Lamp board in the fall of 2013 and to Eileen Kiera and Marty Yacker, who joined the Board this February.

Thank you to all our friends new and old, near and far for continuing to offer their time, generous donations and sincere practice.

Heartfelt thanks and much gratitude to our teachers Eileen Kiera and Jack Duffy for their vision, guidance, wisdom and love.

*Dale Forrest, Mountain Lamp Board*

### *In appreciation of our generous friends, our gratitude and thanks.*

Anonymus, Andrea Asebedo, James Austin, Pamela Berger, Ronna Biggs, Madelon Bolling, Ricco Bonicalzi, Marjorie Bontje, Barbie Brooking, Mary F Buckley, Parke Burgess, Sheila Canal, Maureen Cleveland, Suzanne Cooper, Deborah Dole, Mary Ersek, Ira Fein, Jay Feldman, Karen FitzGerald, Dale Forrest, Juby Fouts, Karen Gilbert, Noah Glusenkamp and Caroline Vanderhaar, Rose Goodman, Ellie Graham, Anita Graham and Monty Berke, Sandra Haskin, Charles Heffernan and Roberta Newell, Kathryn Hunt,

Christina Jackson, Gabe Jumonville, Larry Keil and Kay Peters, Monica Kingsbury, Gail Kirgis, Rusty Kuntze, Ken Lane, Barbara Lierson, Bethan Lloyd, Michael Luckevich, Marie Maccagno, Nan Macy, Monika Mahal, Kate Marchevskova, Daniel McCrea, Michael Melancon and Glenn Johnson, Sarah Metcalf and Paul Robinson, Janet Mikus, John Morgan, Karina Nelson, Emer O'Hagan, Mindfulness Community of Puget Sound, Sue Perkins, Tracey Pickup, Joe Popelka, Jonathan Prescott, Russell Regan,

Suzanne Rivers, Edith Rohde, Scott Ruplin, Debra Salstrom and Richard Easterly, Three Treasures Sangha, Bindi Sawchuk, Hedy Schoonover, Denise Segor, Alexa Singer-Telles, David Snyder, Jennifer Solley, Zen Center Spokane, Louise St. Pierre, David Stallings, Eileen Sterns, Christina and Aaron Tining, Joshua Treybig, David Viafora, Laurel Vogel, Vanna Waldron, Janice and Robert Walker, Desiree and Bert Webster, Ernestine Whittemore, Marty Yacker, Seth Yannes and Danna Zelenka.



Mountain Lamp is a rural practice center in the Pacific Northwest dedicated to cultivating the ground already tilled by Thich Nhat Hanh and Robert Aitken in the mindfulness and Zen traditions. The lay practice center provides a daily schedule of sitting, walking, and work meditation for residents and guests. The resident teachers, Eileen Kiera and Jack Duffy, carry on the teachings of their primary teachers Thich Nhat Hanh and Robert Aitken Roshi. Throughout the year they lead Zen and mindfulness retreats, as well as retreats that reflect a blend of the two traditions. . In the spring, Mountain Lamp offers a three-week study and meditation retreat to deepen our understanding and knowledge of Buddhist tradition and teachings.

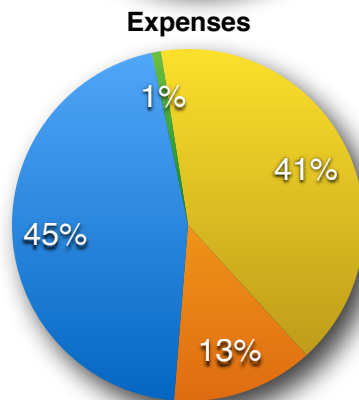
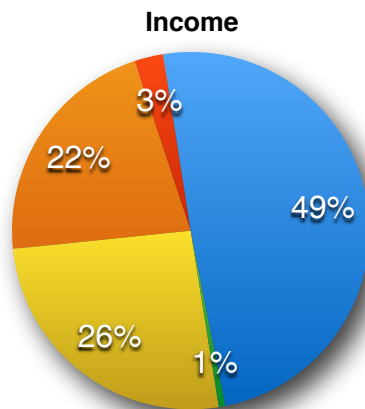
Mountain Lamp's 115 acres of hilled forest, pasture, and lake are home to bear, bobcat, coyote, and elk along with a variety of songbirds, waterfowl, and raptors. The practice center is dedicated to being a home to those beings who have traditionally lived here and to lay practitioners of the Dharma for generations to come.

## Financial Report

Last year practice at Mountain Lamp continued to thrive thanks to financial contributions and the energy and presence of both new and longterm practitioners. Our total income was \$100,652, of which 49% came from retreats and 48% from contributions. Retreat income increased 47% compared to 2012 due to many friends joining the resident community for personal retreats, and greater attendance at many of our well-established group retreats.

Total expenses were \$68,977. Our major spending categories were 46% for the buildings & property, 26% for office & program support, 14% for retreats, and 13% for site upgrades and maintenance.

We ended the year with net income of \$31,675. Our current assets are \$158,144, of which \$4,483 is set aside for the Bell Fund.



## Financial Statement for the Calendar Year 2013

<b>Income</b>	
Retreats 49%	\$49,673
Contributions 26%	\$47,741
Investment Income 1%	\$596
Product Sales 3%	\$2,642
<b>Total Income</b>	<b>\$100,652</b>

<b>Expenses</b>	
Lease, House & Utilities 45%	\$31,326
Program Support & Retreats 41%	\$28,086
Professional Services & Fundraising 1%	\$585
Site Upgrades, Repair & Maintenance 13%	\$8,980
<b>Total Expenses</b>	<b>\$68,977</b>

<b>Net Revenue</b>	<b>\$31,675</b>
- One-Time \$25,000 donation	\$6,675

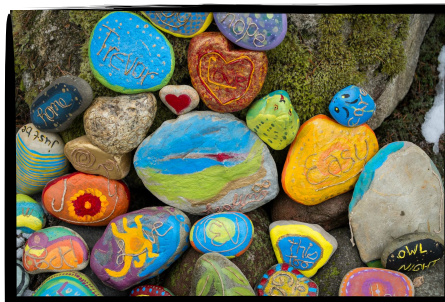
<b>Current Total Assets</b>	<b>\$158,144</b>
- Bell Fund	\$4,483

<b>Current Unrestricted Assets</b>	<b>\$153,661</b>
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*Mountain Lamp is a nonprofit, tax-exempt organization under 501©3 of the Internal Revenue Code. Contact us for a detailed financial statement.*

## Mountain Lamp Board

Anita Graham	President
Marty Yacker	Treasurer
John Morgan	Secretary
Jack Duffy	
Eileen Kiera	
Dale Forrest	



## contact us

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